



blitz₄₅
FUNCTIONAL TRAINING STUDIO

CLASSES

Monday - Thursday

5:45AM, 5:45PM & 6:45PM

Saturday 9:00am

***All classes are 45 minutes. No classes Friday.**



**BLITZ45 FUNCTIONAL
TRAINING DAVIE**

6887 Stirling Rd

Davie, FL 33314

The Shops at Stirling Place

954-533-7989

www.blitz45fitnessdavie.com